

Txog: Kom yuav tsum kuaj COVID; yuav muaj li cas rau lub caij ntuj tsaug no

Tsab xov xwm no yog txog

- *Kev yuav tsum kuaj tshiab rau cov meiyig thiab neeg ua haujlwm tsis tau hno tshuaj, pib Yim Hli tim 30*
- *Yuav muaj li cas rau ob peb asthiv tom ntej*
- *Tsev kawm ntawv tab tom npaj li cas*
- *Nej yuav ua tau li cas kom ntsib kev noj qab haus huv*

Hnub no, peb tshaj tawm txog yuav kom cov neeg ua haujlwm thiab meiyig tsis tau hno tshuaj yuav tsum tau kuaj ntxiv, thiab rau cov hno tshuaj tas lawm tsis tau muab lawv cov ntaub ntawv pov thawj hno tshuaj qhia rau hauv tsev kawm ntawv. **Pib lub Yim Hli tim 30, cov neeg ua haujlwm thiab meiyig tsis tau muab lawv cov ntaub ntawv hno tshuaj tiv thaiv COVID-19 rau UHS yuav tau kuaj txhua asthiv hauv tsev kawm ntawv.** Cov uas yuav tsum kuaj txhua asthiv uas tsis mus kuaj yuav raug teeb meem. Cov meiyig thiab neeg ua haujlwm raug qhov no yuav tau txais ntawv qhia ntxiv.

Tam li tsev kawm ntawv tau ua thaum muaj tus kab mos los, peb yuav pauv kev ua raws tas li raws qhov muaj COVID-19 pauv li cas. Qhov muaj tus kab mob *delta variat* kis ntau ntxiv thiaj yuav kom muaj kev kuaj ntxiv. Peb npaj yuav muaj cov hoob kawm tim ntsej tim muag rau lub caij ntuj tsaug thiab lwm yam. Qhov muaj coob tus neeg hauv tsev kawm ntawv hno tshuaj lawm, nrog rau kom npog qhov ncauj qhov ntswg thiab cov tsis tau hno tshuaj yuav tsum kuaj tas li, yuav ua rau peb ua tau ub no zoo dua lub caij ntuj tsaug tas los.

Nws yog ib qho kev txhawj thiab nyuaj siab pom cov xov xwm txog tus kab mob COVID-19 rov kis rau coob tus dua. Nws ua rau peb pom tias peb rov mus nyob rau qhov qub ib xyoos dhau los no, uas yog ib qho to taub zoo ua muaj kev nyuaj siab.

Tabsis nws muaj qhov txaww tseem ceeb: tam sim no peb muaj tshuaj hno tiv thaiv tau zoo kom txhob mob loj thiab tau pw tsev kho mob, thiab muaj coob tus hauv zej zog twb hno tshuaj tas lawm. Kev hno tshuaj tiv thaiv yog qhov yuav ua kom txhob muaj tus kab mob COVID-19.

Tam li peb tau ua yav tas rau lub caij muaj tus kab mob no, UW–Madison yuav nrog nws cov neeg xyuas kev noj qab haus huv rau pejxeem tham thiab yuav ntsuas xyuas tas li ho muaj li cas nyob hauv tsev kawm ntawv thiab zej zog. Nram no yog cov peb xav tias yuav muaj rau ob peb lub asthiv thom ntej.

- Peb xav tias yuav muaj cov neeg kuaj kis tau tus kab mob ntau ntxiv, nrog rau cov neeg twb hno tshuaj tas lawm, vim tus kab mob *delta variant* kis tau zoo tshaj cov txia yav tas thiab yuav tsum muaj qhov tseem kis tau rau cov hno tshuaj lawm.

- Cov neeg tsis tau hno tshuaj yuav yog feem ntau tshaj kis tau tus kab mob COVID-19 – li peb feem ntau tshaj cov hno tshuaj lawm, raws li kev tshawb kawb kawm ntsuam xyuas muaj tawm tsis ntev no. Cov neeg laus tsis tau hno tshuaj yog cov yuav raug mob loj tshaj. Rau cov neeg hno tshuaj tas lawm, yuav tsis raug COVID-19 sab thiab tej zaum yuav zoo xws li ua daus no los ua npaws xwb.
- Saib raws tej suam muaj tus kab mob *delta variant* tshwm rau yav tas, peb xav tias qhov yuav kis tau rau coob leej tshaj yuav yog ib los ob hlis tom qab thiab yuav rov qab nqis tsawg dua.

Tsev kawm ntawv tab tom npaj li cas

Txawm peb npaj ntxiv rau tuaj kawm cov hoob tim ntsej tim muag thiab rau lwm yam kev koom los, peb yuav kho cov kev raws tswj kom muaj kev noj qab haus huv raws qhov muaj tus kab mob kis hauv zej zog, ntxiv rau kom yuav tsum kuaj li hais sau no.

- Peb yuav kom txhua tus meiyig thiab neeg ua haujlwm tsis tau hno tshuaj yuav tsum kuaj txhua lub asthiv. Yog nej tsis tau muab nej cov ntawv hno tshuaj rau UHS, nej yuav tau txais ntawv qhia yuav tau ua li cas rau qhov no. Hais kom nco, yog nej muaj cov cim mob COVID-19, txawm nej hno tshuaj lawm los tsis tau, nej yuav tsum mus kuaj hauv tsev kawm ntawv.
- Hnub Zwj Quag (*Tuesday*), Dane County tau rov kom nrog qhov ncauj qhov ntswg thaum nyob sab hauv tsev pib hnub Zwj Teeb (*Thursday*), Yim Hli tim 18 rau txhua qhov nyob sab hauv tsev, tsuas yog tej thaum thiaj tsis npog xwb.
- Peb pom muaj neeg coob heev koom kev hno tshuaj lawm – 89% ntawm cov neeg ua haujlwm tau hno tshuaj tas lawm. Thiab peb xav tias yuav tsum muaj li 80 feem pua los tshaj ntawm peb cov meiyig yuav hno tshuaj tas lawm. Peb npaj muaj cov kauj ruam ntxiv kom ua raws yog yuav tsum tau ua, nrog *UW System President Tommy Thompson* thiab lwm cov *System chancellors* xyuas.

Nej yuav ua tau li cas kom ntsib kev noj qab haus huv

- Yog nej tsis tau hno tshuaj, tam sim no yog lub caij hno. Cov koob tshuaj tsis muaj teeb meem, pab tiv thaiv tau zoo muaj dawb rau nej nyob hauv *University Health Services*. Peb cuab txhua tus meiyig thiab neeg ua haujlwm hno tau kom mus hno thiab muab cov ntaub ntawv hno tshuaj rau tsev kawm ntawv.
- Yog nej lub cev muaj lwm yam mob me ntsis txog rau mob loj yuav tua tsis tau kab mob zoo thiab nej twb hno ob koob yam tshuaj mRNA (*Pfizer* los *Moderna*), mus hno koob thiv peb ntxiv. Pib hnub Zwj Hli (Monday), Yim Hli tim 23, *University Health Services* yuav muaj hno koob no ntxiv tau cov meiyig lub cev tua tsis tau kab mob zoo. Vim kev ua raws xyuas hno koob tshuaj thib peb rau cov neeg lub cev tua tsis tau kab mob zoo

yog ib qho piav tsis tau yooj yim, cov neeg ua haujlwm yuav tsum nrog lawv cov chaw kuaj mob tham txog hno koob tshuaj tiv thaiv COVID-19 thib peb tham.

- Yog nej lub cev tsis muaj lwm yam mob thiab nej twb hno ob koob ib yam tshuaj mRNA lawm ntej tsis tau hno ntxiv. Koob tshuaj (*Pfizer* los *Moderna*), tsoom fwv tau tshaj tawm hnub no tias ib cov neeg yuav hno tau koob ntxiv kom lub cev tuaj tau kab mob zoo pib lub Cuaj Hlis tim 20. Tsev kawm ntawv tab tom xyuas qhov xov xwm tshaj tawm thiab yuav qhia rau sawv daws ntxiv.
- Tam sim no, tsis muaj hais kom cov hno koob tshuaj Johnson and Johnson hno ib koob tshuaj tiv thaiv COVID-19 ntxiv, tabsis tseem ntsuam xyuas saib puas yuav tau hno.

Qhov xaus, peb xav qhia cov peb kawm tau yav tas rau lub caij muaj tus kab mob kis loj uas yuav pab tau peb tam sim no.

Kev tshawb fawb kawm txog COVID-19 hauv UW–Madison rau lub caij ntuj tsawg 2020 pom tias qhov kev sib kis loj tshaj yog cov kev tuaj sib koom ua ke tsis muaj kev tiv thaiv, xws li cov kev lom zem thiab cov chaw haus dej cawv tawm sab nraum tsev kawm ntawv, tsis yog kis hauv cov hoob qhia ntawv thiab tshawb fawb kawm, uas kom npog qhov ncauj qhov ntswg.

Qhov zoo tshaj kom peb muaj tau kawm tim ntsej tim muag thiab muaj tus kab mob cuam tshuam yog hno tshuaj tiv thaiv thiab npog qhov ncauj qhov ntswg thaum nyob hauv tsev. Thiab thaum nej mob, mus kuaj thiab nyob tom tsev.

Ua nej tsaug rau ua raws cov kev yooj yim thiab tseem ceeb no tiv thaiv nej tus kheej, nej cov phooj ywg thiab tsev neeg thiab ib tsoom zej zog. Peb yuav qhia rau nej ntxiv hauv tsev kawm ntawv cov xov xwm thiab *online* nyob hauv covidresponse.wisc.edu.

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